Counseling Older Adults - John Blando - 2014-04-08
Counseling older adults is not equivalent to counseling the general population, and specialized skills and knowledge, as well as sensitivity to the contexts in which older adults live, are essential in working successfully with this population. This text provides an introduction to gerontological counseling, integrating the basic skills of working with older adults with theories of counseling and aging. Specific counseling issues discussed include mental health counseling, career counseling, rehabilitation counseling, and family counseling. Along with these, important contextual factors such as race/culture, social class, social justice, spirituality, Alzheimer’s and other dementias, and family issues are considered in light of the latest research. Each chapter contains case studies, discussion questions, a glossary, and suggestions for further reading to reinforce the material presented.

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Counseling Older People - Charlene M. Kampfe - 2015-01-12
This book provides insight into the primary issues faced by older adults; the services and benefits available to them; and the knowledge base, techniques, and skills necessary to work effectively in a therapeutic relationship. Dr. Kampfe offers empirically and anecdotally based strategies and interventions for dealing with clients’ personal concerns and describes ways counselors can advocate for older people on a systemic level. Individual and group exercises are incorporated throughout the book to enhance its practicality. Topics covered include an overview of population demographics and characteristics; counseling considerations and empowering older clients; successful aging; mental health and wellness; common medical conditions; multiple losses and transitions; financial concerns; elder abuse; veterans’ issues; sensory loss; changing family dynamics; managing Social Security and Medicare; working after retirement age; retirement transitions, losses, and gains; residential options; and death and dying. *Requests for digital versions from the ACA can be found on wiley.com. *To request print copies, please visit the ACA website here. *Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org.

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Psychotherapy with Older Adults - Bob G. Knight - 2004-02-20
This Third Edition of the bestselling Psychotherapy with Older Adults continues to offer students and professionals a thorough overview of psychotherapy with older adults. Using the contextual, cohort-based, maturity, specific challenge (CCMSC) model, it draws upon findings from scientific gerontology and life-span developmental psychology to describe how psychotherapy needs to be adapted for work with older adults, as well as when it is similar to therapeutic work with younger adults. Sensitive linking both research and experience, author Bob G. Knight provides a practical account of the knowledge, technique, and skills necessary to work with older adults in a therapeutic relationship. This volume considers the essentials of gerontology as well as the nature of therapy in depth, focusing on special content areas and common themes.

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and the outcomes of the counseling relationship. Featuring a broad range of case study applies the Multicultural and Social Justice Counseling comprehensive research book that explores creative healing approaches to address these biases. Cases on Cross-Cultural Counseling Strategies is a comprehensive research book that explores creative healing approaches used by counselors working with diverse clients in a variety of geographical locations, developmental levels, and complex and varied identities. Each case study applies the Multicultural and Social Justice Counseling Competencies (MSCC) to the counseling relationship and looks at unique aspects of the client(s) identity, specific approaches taken by the counselor, and the outcomes of the counseling relationship. Featuring a broad range of topics such as higher education, international counseling, and gender bias in counseling, this book is ideal for counselors, therapists, psychologists, counselor educators, graduate students, practitioners, academicians, and researchers.

Cases on Cross-Cultural Counseling Strategies - King, Bonnie C. - 2019-08-30

It is essential for counselors and counseling professionals to understand the impact of their personal biases and how these biases can impact the counseling process, in addition to respecting and honoring the beliefs of their clients. Communication and the sharing of experiences between counselors is an effective strategy for perfecting methods to identify and address these biases. Cases on Cross-Cultural Counseling Strategies is a comprehensive research book that explores creative healing approaches used by counselors working with diverse clients in a variety of geographical locations, developmental levels, and complex and varied identities. Each case study applies the Multicultural and Social Justice Counseling Competencies (MSCC) to the counseling relationship and looks at unique aspects of the client(s) identity, specific approaches taken by the counselor, and the outcomes of the counseling relationship. Featuring a broad range of topics such as higher education, international counseling, and gender bias in counseling, this book is ideal for counselors, therapists, psychologists, counselor educators, graduate students, practitioners, academicians, and researchers.

Art Therapy With Older Adults - Erin Partridge - 2019-02-21

This book outlines a framework for art therapy with older adults rooted in a belief in the autonomy and self-efficacy of older adults, including those with dementia or other diseases of later life. Advocating for a more collaborative approach to art-making, the author presents approaches and directives designed to facilitate community engagement, stimulate intellectual and emotional exploration, and promote a sense of individual and collective empowerment. Relevant to community, assisted living, skilled nursing and dementia-care environments, it includes detailed case studies and ideas for using art therapy to tackle stigma around stroke symptoms and dementia, encourage increased interactions between older adults in care homes, promote resilience, and much more.

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Pastoral Care of Older Adults - Harold George Koenig - 2000

By the year 2000 more than 50 percent of mainline Protestants will be over the age of sixty. Older adults have special needs, to which many pastors are not adequately prepared to minister. Harold Koenig and Andrew Weaver address this problem by providing practical guidance in dealing with such issues as Alzheimer's disease, the chronically ill, relocation, health crises, grief, depression, anxiety, gender differences, poverty, and the needs of children of older adults.

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Helping Relationships With Older Adults - Adelle M. Williams - 2016-06-29

Helping Relationships with Older Adults: From Theory to Practice examines the fundamental theoretical perspectives of the aging process with an emphasis on the healthy aspects of aging. Taking a comprehensive approach, author Adelle Williams addresses various therapeutic methods as she highlights the strengths and resiliency of the older population. Exercises and case studies demonstrate key concepts and promote skill development by allowing students to experience the various challenges in the lives of older clients.

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**Bloom in December: Psychodynamic Psychotherapy With Older Adults** - Amy Schaffer - 2021-04-13
This book covers the essentials of psychotherapeutic work with older adults, discussing how contemporary psychodynamic thought can be applied clinically to engage the older patient in psychodynamic work of depth and meaning, work that not only relieves suffering but also promotes growth. It describes the way the difficulties accompanying older age can affect psychological functioning and it examines the unique psychotherapeutic needs of this age group. Using clinical vignettes for illustrative purposes, it explores the psychodynamic challenges, tasks, techniques and accomplishments involved in the treatment of older adults. Topics discussed include the reemergence of earlier developmental challenges; the concurrent treatment of late life and revived early traumas; transference and countertransference; the functions of developing an enriched life narrative in restoring the self; existential issues; and mourning. Throughout, the focus is on what psychotherapy can do to help. The demand for mental health services for older adults is growing alongside increasing life spans, but the psychodynamic literature has neglected this population. Blooming in December: Psychodynamic Psychotherapy with Older Adults fills this gap, offering a clear guide to effective work with older adults for all psychotherapists and psychoanalysts.

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**Art Therapy with Older Adults** - Rebecca C. Perry Magnani - 2004
This book constitutes an important step in demonstrating that art therapy is a unique offering for persons aged sixty-five years and older, giving the potential for enrichment and healing in those lives. Describing the various ways in which art therapy can be used in the treatment of mental and emotional problems of older adults, the editor encourages the reader to use the suggestions and concepts within or tailor them to suit one's own specific working environment or population. Divided into three sections, this book proposes creative art therapies interventions, directives, and ideas along approach, author Adele Williams addresses various therapeutic methods as she highlights the strengths and resilience of the older population. Exercises and case studies demonstrate key concepts and promote skill development by allowing students to experience the various challenges in the lives of older clients.

**Assessment and Treatment of Older Adults** - Gregory A. Hinrichsen - 2019-08
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**Social Work Practice With Older Adults** - Jill M. Chonody - 2017-11-08
Social Work Practice With Older Adults promotes a strengths-based social work perspective to dispel myths and stereotypes about older adults and encourages students to focus on client strengths and resources when working with the elderly. Organized around the World Health Organization's Active Aging policy framework, this book has a unique foundation based on contemporary practice. Authors Jill Chonody and Barbra Teater focus on the major behavioral, personal, physical, social, and economic determinants. Covering micro, mezzo, and macro practice domains, this innovative text examines all aspects of working with aging populations, from assessment through termination.

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**Interpersonal Psychotherapy for Depressed Older Adults** - Gregory A. Hinrichsen - 2006
The is the first clinical book on how to conduct Interpersonal Psychotherapy (IPT) with persons 65 years of age and older. To help clinicians learn effective care, the authors draw upon a wealth of experience to provide a comprehensive review of theory and research as well as practical guidance on clinical interventions.

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**Physician's Guide to Assessing and Counseling Older Drivers** - American Medical Association - 2010
This innovative and informative new text bridges the fields of gerontology and thanatology.

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**Death Attitudes and the Older Adult** - Adrian Tomer - 2018-10-24
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**Families Caring for an Aging America** - National Academies of Sciences, Engineering, and Medicine - 2016-11-08
Family caregiving affects millions of Americans every day, in all walks of life. At least 17.7 million individuals in the United States are caregivers of...
caregivers provide the lion's share of long-term care for our older adult population. They are also central to older adults' access to and receipt of health care and community-based social services. Yet the need to recognize and support caregivers is among the least appreciated challenges facing the aging U.S. population. Families Caring for an Aging America examines the prevalence and nature of family caregiving of older adults and the available evidence on the effectiveness of programs, supports, and other interventions designed to support family caregivers. This report also assesses and recommends policies to address the needs of family caregivers and to minimize the barriers that they encounter in trying to meet the needs of older adults.

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Family caregiving affects millions of Americans every day, in all walks of life. At least 17.7 million individuals in the United States are caregivers of an older adult with a health or functional limitation. The nation's family caregivers provide the lion's share of long-term care for our older adult population. They are also central to older adults' access to and receipt of health care and community-based social services. Yet the need to recognize and support caregivers is among the least appreciated challenges facing the aging U.S. population. Families Caring for an Aging America examines the prevalence and nature of family caregiving of older adults and the available evidence on the effectiveness of programs, supports, and other interventions designed to support family caregivers. This report also assesses and recommends policies to address the needs of family caregivers and to minimize the barriers that they encounter in trying to meet the needs of older adults.

**Providing Home Care for Older Adults** - Danielle L. Terry - 2020-09-09

A practical guide to providing home-based mental health services, Providing Home Care for Older Adults teaches readers how to handle the unique aspects of home-based care and apply and adapt evidence-based assessment and treatment within the home-based setting. Featuring contributions from experienced, board-certified home care psychologists, social workers, and psychiatrists, the book explains the multifaceted role of a home-based provider, offers concrete and practical considerations for working within the home, and highlights adaptations to specific evidence-based methods used in treating homebound older adults. Also covered are special topics related to hoarding, safety, capacity evaluations, caregivers, case management, and use of technology. Each chapter includes engaging case examples with practical tips that illustrate what it is like to work in this new and exciting frontier. Psychologists, counselors, and other mental health practitioners in home settings will be able to use this guide to provide effective home-based care to older adults.

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**CBT for Older People** - Ken Laidlaw - 2014-12-15

Going beyond simple procedural modifications, this is the first book to address how the application of gerontology to CBT practice can augment CBT's effectiveness and appropriateness with older people. Taking you step-by-step through the CBT process and supported by clinical case examples, therapeutic dialogue, points for reflection and hints and tips, the book examines: basic theoretical models in CBT and how to relate them to work with older people - main behavioural interventions and their practical application - social context and relevant theories of aging - implications of assessment, diagnosis and treatment - issues of anxiety, worry and depression, and more specialist applications of CBT for chronic illnesses - latest developments, thinking and empirical evidence. This is an invaluable companion for any clinical psychology, counselling, CBT/IAPT, and social care trainee or professional new to working with older people, especially those who are keen to understand how the application of CBT may be different. Professor Ken Laidlaw is Head of the Department of Clinical Psychology, University of East Anglia.

**Making Evidence-based Psychological Treatments Work with Older Adults** - Forrest Ray Scogin - 2012

In this edited volume, researchers and clinicians come together to discuss the prevalent psychological disorders that affect older adults. Each chapter focuses on one of the major presenting problems—anxiety, insomnia, depression, memory function, behavioral disturbances, and the consequent psychological symptoms of family caregivers—with researchers identifying successful evidence-based treatments (EBTs) for the disorders, and clinicians discussing how they tailored the EBT to the special needs and conditions of their older clients.

**Changing Aging, Changing Family Therapy** - Paul R. Peluso - 2013

As the baby boomers move into retirement and later stages of life, gerontology and geriatrics have begun to receive much more attention. Changing Aging, Changing Family Therapy explores the ways in which family therapists' expertise in systems theory makes them uniquely qualified to take a leading role in helping families and individuals cope with the challenges and changed circumstances that aging brings. Clinicians will find detailed coverage and practical guidelines on a wealth of vital topics, including coping with the illness of a parent or partner, working past retirement age, outliving one's savings, preserving physical and mental well-being over time, and more.

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**Serving the Elderly** - Paul K. H. Kim - 2017

Broadly speaking there are two kinds of professional practice skills relevant to the burgeoning field of gerontological human service: clinical modalities and macro strategies. This book identifies seven essential approaches to clinical gerontology, including five of the most important macro skills that all professionals in the field will need to acquire, and it presents each of them in a single collection intended to serve as a basic text and reference work for academic and in-service training. Each contributor to this volume speaks with recognized expertise on his/her preferred subject, while mindful of the larger purpose of the collection as a whole. In a concluding chapter, Dr. Kim draws on his own long and successful experience in obtaining financial support for his programs and provides a wealth of useful information on the preparation of grant proposals and the conduct of other fundraising activities. Serving the Elderly is adaptable to the uses of a wide variety of geriatric health care providers, from students and trainees in social work, clinical psychology, and other care-giving professions to...
changes in disparate federal agencies or programs, can adequately address the issue. Overcoming these challenges will require focused and coordinated action by all.

The Mental Health and Substance Use Workforce for Older Adults - Institute of Medicine - 2012-10-26
At least 5.6 million to 6 million—nearly one in five—older adults in America have one or more mental health and substance use conditions, which present unique challenges for their care. With the number of adults age 65 and older projected to soar from 40.3 million in 2010 to 72.1 million by 2030, the aging of America holds profound consequences for the nation. For decades, policymakers have been warned that the nation’s health care workforce is ill-equipped to care for a rapidly growing and increasingly diverse population. In the specific disciplines of mental health and substance use, there have been similar warnings about serious workforce shortages, insufficient workforce diversity, and lack of basic competence and core knowledge in key areas. Following its 2008 report highlighting the urgency of expanding and strengthening the geriatric health care workforce, the IOM was asked by the Department of Health and Human Services to undertake a complementary study on the geriatric mental health and substance use workforce. The Mental Health and Substance Use Workforce for Older Adults: In Whose Hands? assesses the needs of this population and the workforce that serves it. The breadth and magnitude of inadequate workforce training and personnel shortages have grown to such proportions, says the committee, that no single approach, nor a few isolated changes in disparate federal agencies or programs, can adequately address the issue. Overcoming these challenges will require focused and coordinated action by all.
isolation/loneliness, elder abuse/neglect, depression and suicidal
volume covers difficulties including, but not limited to: social
and best evidence regarding assessment, diagnosis, and treatment, the
evidence-based practices in the assessment and treatment of elderly clients.
Topics covered include the need to build a therapeutic relationship, dealing
with stereotypical thinking about ageing, setting realistic expectations in
the face of deteriorating medical conditions, maintaining hope when faced
with difficult life events such as the loss of a spouse, disability, etc., and
dealing with the anxieties and fears about ageing. Illustrated throughout with
case studies, practical solutions and with a troubleshooting section, this
is essential reading for all clinical psychologists, psychiatrists and
related health professionals who work with older people. * Authors are
world authorities on depression and psychotherapy with older people * First
book to be published on CBT with older people * Case studies and examples
used throughout to illustrate the method and the problems of older people
Cognitive Behaviour Therapy with Older People - Ken Laidlaw -
2003-07-25
Cognitive Behaviour Therapy (CBT) is now well established as an effective
treatment for a range of mental health problems for clinical psychologists
working with older clients, there are particular issues that need to be addressed.
Topics covered include the need to build a therapeutic relationship, dealing
with stereotypical thinking about ageing, setting realistic expectations in
the face of deteriorating medical conditions, maintaining hope when faced
with difficult life events such as the loss of a spouse, disability, etc., and
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Counselling and Psychotherapy with Older People in Care - Felicity
Chapman - 2017-12-14
The global population is ageing rapidly yet there is a shortage of skilled
professionals able to support the wellbeing of older people in care. Older people
can be more vulnerable to mental health issues such as loneliness, anxiety, grief, loss, and cognitive changes, and need therapeutic support
that addresses their specific needs and conditions. This supportive guide for
psychotherapists, counsellors and other professionals working with older people, addresses the growing demand for mental health services for older adults. It covers a range of issues that arise within this demographic
including residential living, the referral process, assessment and
engagement, and attitudes towards ageing, while contextualising these
issues within larger social and political frameworks. The author describes
specific interventions such as Narrative Therapy, Reminiscence Therapy,
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specific interventions such as Narrative Therapy, Reminiscence Therapy,
Acceptance and Commitment Therapy and Cognitive Behavioural Therapy
with practical case studies woven in throughout the book.
Evidence-Based Counseling and Psychotherapy for an Aging
Population - Morley D. Glicken - 2009-08-01
At a time when the mental health difficulties/disorders of the elderly are
coming to the fore of assessment, diagnosis & treatment, the elderly and treating those problems is still too often handled as an art as much as a
science. Inconsistent practices based on clinical experience and intuition
rather than hard scientific evidence of efficacy have for too long been the
basis of much treatment. Evidence-based practices help to alleviate some of
the confusion, allowing the practitioner to develop quality practice
guidelines that can be shared with the client, communicate with other professionals
from a knowledge-guided frame of reference, and continue a process of self-
learning that results in the best possible treatment for clients. The proposed
volume will provide practitioners with a state-of-the-art compilation of evidence-based practices in the assessment and treatment of elderly clients.
As such it will be more clinically useful than anything currently on the
market and will better enable practitioners to meet the demands faced in
private and institutional practice. Focusing on the most current research and best evidence regarding assessment, diagnosis, and treatment, the
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Acceptance and Commitment Therapy and Cognitive Behavioural Therapy
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Problem-Solving Therapy - Thomas D’Zurilla, PhD - 2006-09-18
MAXIMIZE POSITIVE PATIENT OUTCOMES Enhance Function—Avert
Relapses—Present New Problems In this new updated edition, authors Thomas J. D’Zurilla and Arthur M. Nezu, present some of the most useful
advances in problem-solving therapy (PST) today. An excellent resource for
maximizing positive patient outcomes, this all-inclusive guide helps enhance your
problem solving skills and apply successful clinical techniques to help
your clients improve their lives. Known for its presentation of solid research
results and effective PST training tools, this best-selling guide has been fully
updated to include: NEW research data on social problem solving and
adjustment NEW studies on the efficacy of PST NEW social problem solving
models NEW updated and more user-friendly therapist’s training manual
Written for a wide audience of therapists and educators to psychologists and social workers, this highly readable and practical
reference is a must-have guide to helping your patients identify and resolve current
life problems. The book set is designed to be read alongside its
informal “manual” accompaniment, Solving Life’s Problems: A 5-Step Guide
to Enhanced Well-Being by D’Zurilla, Nezu, and Christine Maguth Nezu.
Counseling the Older Adult: A Training Manual for Paraprofessionals and Beginning Counselors - Thomas D'Zurilla, PhD - 2006-09-18

Maximize Positive Patient Outcomes: Enhance Function—Avert Relapses—Present New Problems In this new updated edition, authors Thomas D’Zurilla and Arthur M. Nezu, present some of the most useful advances in problem-solving therapy (PST) today. An excellent resource for maximizing positive patient outcomes, this all-inclusive guide helps enhance your problem solving skills and apply successful clinical techniques to help your clients improve their lives. Known for its presentation of solid research results and effective PST training tools, this best-selling guide has been fully updated to include: NEW research data on social problem solving and adjustment NEW studies on the efficacy of PST NEW social problem solving models NEW updated and more user-friendly therapist’s training manual Written for a wide audience, from therapists and counselors to psychologists and social workers, this highly readable and practical reference is a must-have guide to helping your patients identify and resolve current life problems. The book set is designed to be read alongside its informal “manual” accompaniment, Solving Life’s Problems: A 5-Step Guide to Enhanced Well-Being by D’Zurilla, Nezu, and Christine Maguth Nezu. Purchase of the two books as a set will get you these life-changing texts at an $7.00 savings over the two books bought individually.

Contemporary Perspectives on Ageism - Liat Ayalon - 2018-05-22

This open access book provides a comprehensive perspective on the concept of ageism, its origins, the manifestation and consequences of ageism, as well as ways to respond to and research ageism. The book represents a collaborative effort of researchers from over 20 countries and a variety of disciplines, including, psychology, sociology, gerontology, geriatrics, pharmacology, law, geography, design, engineering, policy and media studies. The contributors have collaborated to produce a truly stimulating and educating book on ageism which brings a clear overview of the state of the art in the field. The book serves as a catalyst to generate research, policy and public interest in the field of ageism and to reconstruct the image of old age and will be of interest to researchers and students in gerontology and geriatrics.

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The Wiley Handbook of Sex Therapy is a comprehensive and empirically-based review of the latest theory and practice in the psychotherapeutic treatment of sexual problems across client populations. Structured in four sections covering specific sexual dysfunctions, theoretical approaches to sex therapy; working with client diversity; and future directions in sex therapy Advocates a holistic approach to sex therapy with a focus on using a range of psychotherapeutic theories and techniques rather than only the most popular behavioral strategies Includes case studies which highlight the type and nature of research supporting the interventions presented in each of these areas the prevalence of the problem, the demographics of those affected, and the nature and consequences of the problem are discussed. The empirical literature is then reviewed. A treatment summary highlights the type and nature of research supporting the interventions reviewed and is followed by a conclusion section that summarizes the status of intervention research for the specified issue. A selected readings list and a comprehensive author index are included. This book is designed to aid therapists and trained group facilitators who conduct discussion groups for geriatric clients. Exercises in the book combine important geriatric therapy techniques of Reminiscence, Validation, and Remotivation to energize group discussion and foster renewal of hope. Group participation is a therapeutic tool which is widely used by experts in the field of geriatrics. Structured exercises and instructions for group leaders in this book focus on issues pertinent to the aging process such as coping with loss, physical illness, and decline in independence. Illustrated handouts increase opportunities for participation among group members who have varying levels of cognitive and physical functioning.

The Older Adult Psychotherapy Treatment Planner - Deborah W. Frazer - 2011-03-29

This remarkable book contains 85 structured exercises which specifically address therapeutic issues related to aging. Included are introductions, directions, and rationale for each exercise, and illustrated worksheets which can be photocopied for use with your clients. Printed in an 8.5” x 11” format with flexible binding for ease in copying. Some of these exercises have been updated from those that appeared in Dr. Link’s earlier publication, Group Work With Elders: 52 Exercises for Reminiscence, Validation, and Remotivation, published in 1997. Many are brand new. This book is designed to aid therapists and trained group facilitators who conduct discussion groups for geriatric clients. Exercises in the book combine important geriatric therapy techniques of Reminiscence, Validation, and Remotivation to energize group discussion and foster renewal of hope. Group participation is a therapeutic tool which is widely used by experts in the field of geriatrics. Structured exercises and instructions for group leaders in this book focus on issues pertinent to the aging process such as coping with loss, physical illness, and decline in independence. Illustrated handouts increase opportunities for participation among group members who have varying levels of cognitive and physical functioning.

Handbook of Psychosocial Interventions with Older Adults - Sherry M. Cummings - 2013-09-13

In the past decade, evidence based practice (EBP) has emerged as one of the most important movements to improve the effectiveness of clinical care. As the number of older adults continues to grow, it is essential that practitioners have knowledge of effective strategies to improve both the medical and the psychosocial aspects of older persons’ lives. The purpose of this work is to present systematic reviews of research-based psychosocial interventions for older adults and their caregivers. The interventions presented focus on a variety of critical issues facing older adults today including medical illnesses (cardiac disease, diabetes, arthritis/pain, cancer, and HIV/AIDS), mental health/cognitive disorders (depression/anxiety, dementia, substance abuse), and social functioning (developmental disabilities, end-of-life, dementia caregivers, grandparent caregivers). For each of these areas the prevalence of the problem, the demographics of those affected, and the nature and consequences of the problem are discussed. The empirical literature is then reviewed. A treatment summary highlights the type and nature of research supporting the interventions reviewed and is followed by a conclusion section that summarizes the status of intervention research for the specified issue. A selected readings list and a comprehensive author index are included. This book was previously published as a special issue of the Journal of Gerontological Social Work.

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Financial Counseling - Dorothy B. Durband - 2018-10-16

"This text is a valuable new resource that we recommend for all of our students and new professionals to better understand this demanding field, and offers seasoned veterans a robust refresher course in current best practices.

Health Literacy Among Older Adults - Dr. Karen Kopinga-Frye - 2016-09-28

The first graduate text to address health literacy in the aging population. Low health literacy is a critical issue among adults, with over one-third found to have difficulty understanding such basic information as that found on prescription bottles. This is the first graduate textbook to address key health literacy issues as they affect the health and wellbeing of the aging population. Embracing a topic spanning numerous disciplines, it features a dynamic, multiple contextual systems approach and includes contributions from renowned scholars and practitioners in gerontology, public health, social work, nursing, and other related fields. The text emphasizes increasing health literacy among older adults through the use of technological tools and features the most current research, evidence-based programs, and practices. The book provides expansive coverage of the intersection of technology and health literacy, highlighting innovative approaches and discussing how to use technology with resource-limited groups. The text gives special consideration to rural, impoverished, culturally diverse, and low literacy elders and presents gold standard intervention programs and models. Also covered are the policy implications of programs focusing on increasing health literacy and future directions for meeting the Healthy People 2020 initiative. Case studies, review questions, accompanying powerpoint lectures, learning objectives, will reinforce learning. Key Features: Provides one-of-a-kind, multidisciplinary survey of the key health literacy issues of older adults Focuses on increasing health literacy across the disciplines Addresses a priority area of Healthy People 2020 Incorporates research and practice from gerontology, psychology, public health, social work, sociology, medicine, and nursing Includes case studies, review questions, learning objectives, and PowerPoint slides for assisting instructors.

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"This text is a valuable new resource that we recommend for all of our professionals and are proud to incorporate as part of our AFC® certification program. With expertise representing the breadth and depth of the financial counseling profession, the content in this text provides you with a rigorous foundation of knowledge, considers critical theoretical models, and explores foundational skills of communication, self-awareness, and bias. This type of comprehensive approach aligns with our mission and vision—providing you with the foundational knowledge to meet clients where they are across the financial life-cycle and impact long-term financial capability." -Rebecca Wiggins, Executive Director, AFCPFE® (Association for Financial Counseling and Planning Education®) This timely volume presents a comprehensive overview of financial counseling skills in accessible, practical detail for readers throughout the career span. Expert financial counselors, educators, and researchers refer to classic and current theories for up-to-date instruction on building long-term client competence, working with clients of diverse backgrounds, addressing problem financial behavior, and approaching sensitive topics. From these core components, readers have a choice of integrated frameworks for guiding clients in critical areas of financial decision-making. This essential work: · Offers an introduction to financial counseling as a practice and profession · Discusses the challenges of working in financial counseling · Explores the elements of the client/counselor relationship · Compares delivery systems and practice models · Features effective tools and resources used in financial counseling · Encourages counselor ethics, preparedness, and self-awareness A standout in professional development references, Financial Counseling equips students and new professionals to better understand this demanding field, and offers seasoned veterans a robust refresher course in current best practices.

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